

# Metropolitan Area Recovery Calm House M.A.R.C.H

Every resident deserves safe spaces to heal. If a facility like MARCH was provided for me upon my re entry, I would have been able to have a support system in a safe place helping me heal with my past traumas. I would have felt more comfortable dealing with my drug addiction around positive people. I would have had the resources which would have prevented me from being a recidivism statistic. MARCH will help people struggling with substance use disorder, victims of violence, or persons in a mental health crisis.

There are only sixteen community-based crisis beds (all in SE) where people can stay for a week or two to receive professional mental health services.

#### The Problem

People who have survived violence, substance use disorder, or are experiencing a mental health crisis are often presented with only two bad options – **the hospital or jail**.

#### The Impact

- Emergency service agencies receive 200 million 911 calls each year.
- Mental illness costs the U.S. economy \$193.2 billion in lost earnings every year.
- (\*\*) 44% of people in jail have a mental health diagnosis.
- 2% women in state suffers with PTSD and 3% in federal.
- Jails are not equipped to address health challenges.

## The Solution:

DC should fund a short-term residential whole-person wellness home so they can heal in a safe, supportive, and culturally appropriate environment.

By October 2026, DC should fund 4 MARCH wellness facilities, one in each of the four quadrants of the city, operated by local non profit organizations.

### Read More:

Coalition seeks to overhaul DC emergency response to mental health crises - The Washington Post



You can follow up with any questions by reaching out to:

Charnal Chaney boldyogallc@gmail.com 202-246-7621 Bold Yoga LLC

Tyrone Hall radiohall21@gmail.com 202-446-9692